CRISIS INTERVENTION TEAMS FOR YOUTH

THE CHALLENGE
As first responders respond to calls involving disruptive behavior, law enforcement officers have a unique opportunity to help individuals in crisis. Properly trained officers can recognize the symptoms of mental disorders and connect those exhibiting such symptoms to emergency mental health services.

THE SOLUTION
CIT-Y is a supplemental training available to law enforcement officers who have previously completed CIT training, but seek specific information on working with youth. Developed by the NCMHJJ, the CIT-Y provides research-based instruction on the following topics:

- Adolescent development
- Mental and substance use disorders commonly experienced by adolescents
- Crisis intervention, de-escalation, and communication techniques appropriate for youth
- Working with families
- Legal issues
- Community resources for youth

Training packages include all training materials, pre-training consultation, assistance in evaluating the impact of the training, and ongoing updates to the curriculum for local trainers though an online, private trainers’ portal.

For more information and pricing, contact the NCMHJJ at ncmhjj@prainc.com or (866) 805-9853