



Mental Health Training Curriculum for Juvenile Justice (MHTC-JJ)

the challenge

Close to 70 percent of youth involved with the juvenile justice system have a diagnosable mental health disorder.

Yet, the majority of juvenile probation, detention, and correctional staff who work with and supervise these youth every day have not received sufficient training on youth mental health.

A lack of knowledge about the mental health needs of youth can lead to inappropriate responses, which can exacerbate symptoms and lead to dangerous situations for staff and youth alike.

the solution

The **MHTC-JJ**, an 8-hour training designed for juvenile justice professionals (probation, detention, and corrections), provides critical information and practical strategies for interacting and communicating with youth in their care who have mental health needs. Specific modules of the **MHTC-JJ** training include the following:

- The Interface Between the Juvenile Justice and Mental Health Systems
- Understanding Adolescent Development
- Mental Health and Substance Use Disorders
- Child Trauma
- Treatment of Youth with Mental Health Disorders
- Working with Youth – What You Can Do
- Family Engagement

training packages

Standard MHTC-JJ Training Package

- 8-hour session for juvenile justice staff
- Delivered by expert trainers from the Collaborative for Change
- Maximum of 40 participants

MHTC-JJ Train-the-Trainer Package

- 1.5-day session for local trainers
- Delivered by expert trainers from the Collaborative for Change
- Maximum of 40 participants

MHTC-JJ training packages are offered on a fee-for-service basis. Both training packages include all training materials (Trainer's Guide and Participant's Guide), pre-training consultation, assistance in evaluating the impact of the training, and ongoing updates to the curriculum through an online, private trainer's portal.

For more information, contact Ashley Degnan at 1-866-962-6455, ext. 5269 or at cfc.ncmhjj@prainc.com.



The Mental Health and Juvenile Justice Collaborative for Change is a multi-dimensional resource center that shares information on the mental health reforms developed by states involved with *Models for Change: Systems Reform in Juvenile Justice*, providing guidance on effectively implementing those reforms in new communities and states throughout the country. The Collaborative for Change is supported by the John D. and Catherine T. MacArthur Foundation, is coordinated by the National Center for Mental Health and Juvenile Justice at Policy Research Associates, and is a member of the Models for Change Resource Center Partnership.